

WHAT YOUR CNAs WANT YOU TO KNOW

Key Takeaways from an AMDA Healing Together Webinar

INCLUDE CNAs at CARE PLAN MEETINGS.

Define the role that the CNA serves at the meeting, as well as specific pieces of information they can bring to the table.



INCLUDE CNAs WHEN MAKING ROUNDS.

CNAs can provide valuable (even life-saving) insights and observations about the status of a patient.

CONVENE CNA TOWN HALL MEETINGS.

Foster opportunities for dialogue and relationship-building among CNAs and medical directors.



CREATE A CAREER LADDER FOR CNAs.

Consider developing a CNA-driven department that includes a Director of Nursing Assistants and career advancement opportunities for CNAs.

RECOGNIZE CNAs AND THEIR SPECIFIC ACCOMPLISHMENTS.

Commend CNAs for their specific role in contributing to facility goals and objectives – such as reducing the number of falls.



To watch the Healing Together webinar series, please visit: paltc.org/HealingTogether

Webinars were planned and implemented through AMDA's Behavioral Health Advisory Council; additional topics include:

- Wellbeing in Times of Uncertainty and Exhaustion
- The PTSD of COVID: The Heart of the Matter
- Best Practices for Increasing Compassion Resiliency and Moral Wellness in PALTC Settings
- Self-Compassion and Emotional Resilience for Working with Families



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