May 9, 2024



A Framework to Grow and Strengthen the PALTC Careforce

Welcome to our roundtable series. We're glad you're here.







Our Work Together

JoAnne Reifsnyder PhD, MSN, MBA, RN, FAAN Professor, Health Services Leadership and Management University of Maryland School of Nursing Former Chief Nursing Officer, Genesis HealthCare







This Year's Focus....Leadership & Culture

- The role of leadership in staff retention and recruitment
 - How can medical directors have an impact on facility culture?
 - How can medical directors, administrators, directors of nursing and others in leadership work together to develop sustain a positive work culture?
- Live leadership modules to kick off in January 2024 with practical, evidence-based "try this" approaches that can help you improve your leadership style







To Level Set....

- We are a community focused on co-design
- "All teach, all learn"¹
- Small tests of change
- Collation and dissemination of insights
- www.paltc.org/goodthing



¹Project ECHO. (2022). https://hsc.unm.edu/echo/what-we-do/about-the-echo-model.html





Foundation



Partnering with QIN-QIO's to Implement Retention Strategies

Amy Daly, CPHQ, NHA, CHES Senior Quality Improvement Specialist, IPRO

Carolyn Kazdan, MHSA, NHA, BCPA Senior Director, Healthcare Quality Improvement, IPRO







Poll Question

How engaged are you with the work of the QIO in your state?

- a. Not engaged now but have been in the past.
- b. Actively engaged now, but not aware of how my QIO can support my retention strategies.
- c. Actively engaged now and aware of how my QIO can support my retention strategies.
- d. Have never been actively engaged with my QIO.



Partnering with QIN-QIO's to Implement Retention Strategies

"The best antidote to burnout is not teaching coping skills to handle stress. It's redesigning work to reduce stress."

Adam Grant

@AdamMGrant



The IPRO QIN-QIO – Who We Are

One of twelve Quality Innovation **Network-Quality Improvement** Organizations (QIN-QIOs) that work directly with nursing homes, health care providers and partnerships for community health serving primarily rural and underserved areas to improve the quality and safety of care for people with Medicare. You can find the QIN-QIO that serves your state here.





The IPRO QIN-QIO – Who We Are

- The federally funded Medicare Quality Innovation Network Quality Improvement Organization for 11 states and the District of Columbia
- Led by IPRO
- Joined by Healthcentric Advisors and Qlarant
- Offering enhanced resources and support to healthcare providers and the patients and residents they serve
- Promoting patient and family engagement in care
- Non-regulatory
- Supporting implementation and strengthening of innovative, evidence-based, and data-driven methodologies to support improvements Healthcentric Advisors



Engaging Teams

ANALITY AND	PLANETREI
H OW SOLUTION	Resilience Rounding Tool
Rounder/Unit/Date:	

Short summary script (for context): Hi, my name is (). I am here today to see how people are doing and what I and others may do to support you. With that said, do you have a few minutes for some short questions?

Respondent 1	Respondent 2	Respondent 2

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www.quality.allanthealth.or

Use this Resilience Rounding Tool during rounding to build employee engagement and trust.

Recorded QAPI Series includes sessions on culture and engaging staff, residents and families in QI



Moving Beyond Your QAPI Committee-A Culture for Safe, Reliable & Quality Care



Quality Improvement Organizations CENTERS FOR MEDICARE & MEDICAID SERVICES IQUALITY IMPROVEMENT & INNOVATION GROUP

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Resources

Find the Recordings of More of a Good Thing and Leading with Purpose (this series) ... **Along with Other Resources**

https://paltc.org/goodthing



A Framework to Grow and Strengthen the PALTC Careforce

More of a Good Thing expands upon the already successful, evidence-based 4Ms Framework of the Age-Friendly Health System to address the needs and well-being of staff. In 2022, AMDA convened a series of six virtual roundtable discussions guided by the themes of the 4Ms for Staff: What Matters (facility culture and respect), Medication (health promotion and workplace safety), Mentation (mental health and emotional wellbeing of staff), Mobility (opportunities for personal growth, ongoing education, and career advancement).

With generous funding support from the Jewish Healthcare Foundation and The Foundation for Post-Acute and Long-Term Care Medicine, AMDA is building upon its previous work with new sessions that highlight how nursing home leadership can positively impact facility culture and develop effective policies to help grow and strengthen the PALTC Careforce from within.

Leading with Purpose: 8 Strategies for Engaging Your Careforce

To complement the More of a Good Thing discussions, JoAnne Reifsnyder, PhD, MSN, MBA, FAAN, Professor of Health Services Leadership and Management at the University of Maryland School of Nursing, and former Executive Vice President and Chief Nursing Officer for Genesis Healthcare will lead a series of eight 30-minute virtual sessions on leadership strategies that can help facility leaders assess their strengths, lead change. cultivate a positive work culture, and ultimately retain and recruit new members to their teams. The monthly sessions began on January 18, 2024.

Access recordings and slides from previous virtual discussions below.

More of a Good Thing Meeting Archives & Tools

We Want to Hear from You! Help us better understand how these roundtable discussions have impacted your efforts to recruit and retain staff by completing a brief survey.

eedback in Action April 11, 2024	\odot
he Role of Technology in Staff Retention and Recruitment March 14, 2024	\odot



More of a Good Thing Monthly **Roundtable Discussions** Here to Help: Partnering With Your QIN-QIO to Implement Retention Strategies Thursday, May 9, 2024 4:00-4:45 PM Eastern Fee: Free

REGISTER NOW

Leading With Purpose Creating Psychologically Safe Workplaces Thursday, May 16, 2024 4:30-5:00 PM Eastern Fee: Free

REGISTER NOW

Stay Connected

Sign up for email notifications about future More of a Good Thing programming and resources.

Next Month's Roundtable:

Thursday, June 13, 2024 4:00-4:45pm ET





We Want to Hear from You

Help us better understand how *More of a Good Thing* roundtable discussions have impacted your efforts to recruit and retain staff by completing this brief survey.

Survey: https://forms.office.com/r/8FERzPEULT

Leading With Purpose 8 Strategies for Engaging Your Careforce

Creating Psychologically Safe Workplaces

JoAnne Reifsnyder, PhD, MSN, MBA, FAAN

Register: www.paltc.org/goodthing





