



Resilience Rounding Tool

Rounder/Unit/Date:	
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Short summary script (for context): Hi, my name is (). I am here today to see how people are doing and what I and others may do to support you. With that said, do you have a few minutes for some short questions?

Staff Interview	Respondent 1	Respondent 2	Respondent 2
1 How is your day going? Is there anything that you need? (skill: intro)			
2 Tell me about how you are taking care of yourself? Is that enough? (skill: self awareness)			
3 Over the last months, what personal contribution makes you most proud? (skill: strengths of character)			
4 How do you prepare yourself to come to work and to leave and assume other roles and responsibilities? (skill: self regulation and connection)			
5 How have you and your co-workers been supporting each other? Do you have an example? (skill: connection)			
6 How can I support you? (skill: seeking assistance)			

General Comments (good and bad):	
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